

SÓL

Itineraries & Destinations



-EXUMAS-

SEVEN-DAY

ITINERARY

The small Bahamian island chain of the Exumas offers an idyllic retreat — a year-round aquatic playground where nature is the star attraction of 365 mostly uninhabited

islands and islets. The Exuma Cays Land and Sea Park encompasses several islands strewn with walking trails — many to hills with breathtaking views of the turquoise sea.

SÓL



explore
the exquisite
Exumas

day one: Nassau - Highbourne Cay

After reaching the paradise of Nassau, the vibrant Bahamas capital, you will be welcomed onboard SÓL with friendly smiles and fresh coconut juice to cool off. Relax and settle in to your bright and comfortable cabin.

Once you have acclimatized and taken your onboard tour, you can find one of the many welcoming seating areas to **relax in as you cruise to Highbourne Cay**, the ultimate yachting destination of the island chain.

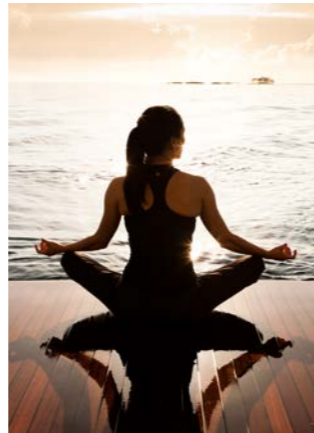
Arrive for an early evening dip into the turquoise waters. After a refresh, the Mahi ceviche, Peruvian style, followed by **hibiscus strawberry cheesecake** will prepare your tastebuds for the delicious meals ahead.

day two: Norman's Cay

After a relaxing first evening, wake up to freshly squeezed juice before you **settle into a sunrise flow with a yoga mat on deck**. The blueberry buttermilk hotcakes will set you up for a day's adventure. Grab the kayaks and snorkel gear for your first peek into the underwater world of the **Exuma Sound**.

Next, SÓL will head to **Norman's Cay**, where you can **snorkel a mysterious plane wreck**. Spend the afternoon relaxing onboard with a book, or take the seabob out for a spin for something more adventurous.

The evening will welcome you to **an alfresco dinner to enjoy under the stars** while **admiring the phosphorescence glow** from the underwater life.



soak
up the sun

day three: Compass Cay

Today SÓL will take you to **Compass Cay**, a beautiful crescent-shaped beach where adventure awaits. For a magnificent interaction with nature, you can **take a dip with the friendly resident nurse sharks** here. The surrounding waters are a natural aquarium, perfect for snorkeling and swimming.

Voted one of the best beaches in the Bahamas, you could also **have a famous SÓL beach set up** here to relax for the day. For something a little more active, **take a jungle hike** on the island's northern end, and then soothe your legs with a visit to **Rachel's Bubble Bath**, one of the islets' natural jacuzzis.





day four: Big Major's Spot, Staniel Cay

An Exuma's itinerary wouldn't be complete without stopping at Big Major's spot to **visit the swimming pigs** by tender; it is a unique experience and a main attraction.

The sheltered waters outside this bay make it perfect for a fun watersports-filled afternoon. **From wakeboarding to SUP**, there is plenty on offer with SÓL. Nearby is the famous underwater cave, **Thunderball Grotto**.

If you want to stretch your legs at low tide, **Musha Cay** exposes a mile-long sandbar, perfect for a late afternoon stroll. The evening will be spent at **Staniel Cay**, with the option to eat ashore at the Yacht Club here.

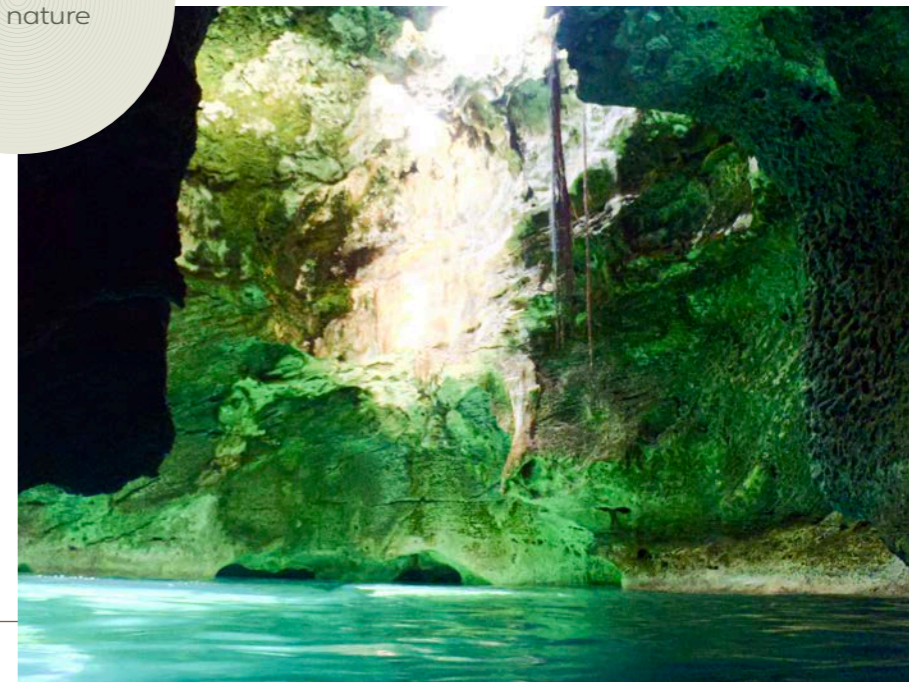
become one
with nature



day five: Allen's Cay, Shroud Cay

Enjoy **another nutritious and delicious breakfast** onboard as you continue to island-hop your way down this stunning chain. A stop can be made at Allen's Cay, where you will **find the renowned Iguana Beach**. These resident beach-dwelling iguanas are protected under the Wild Animals Protection Act.

SÓL will then **enter the Exuma Cays Land and Sea Park**, with the chance to snorkel or dive through this natural marine preserve. The stunning Shroud Cay marks the entrance. This park **stretches out over 112,000 acres** and works to protect coral reefs, mangroves, seagrasses and an array of wildlife.

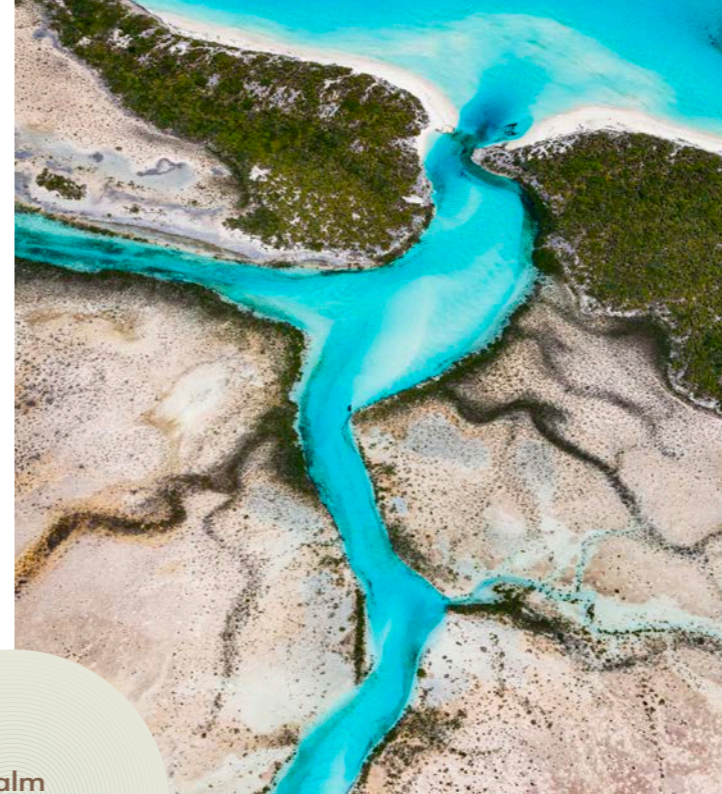


day six: Shroud Cay

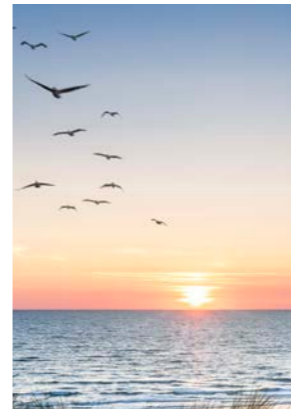
Spending the day **at anchor in Shroud Cay** is ideal for exploring the clear waters and getting up close and personal with tropical birds and other wildlife. **Kayak through the bluest of waters, or take a dip and see what is below.**

Here you can also **catch the tide for the Shroud Cays mangrove run**. It is a natural lazy river that you can cruise down with the tender or float down on the SUPs. You will **spot the turtles and rays and fish** of every possible color here.

Back onboard, the fun continues. Take the foil board out or spin on the seabob, then salute a **glorious sunset** and bask in the beauty of this marine oasis.



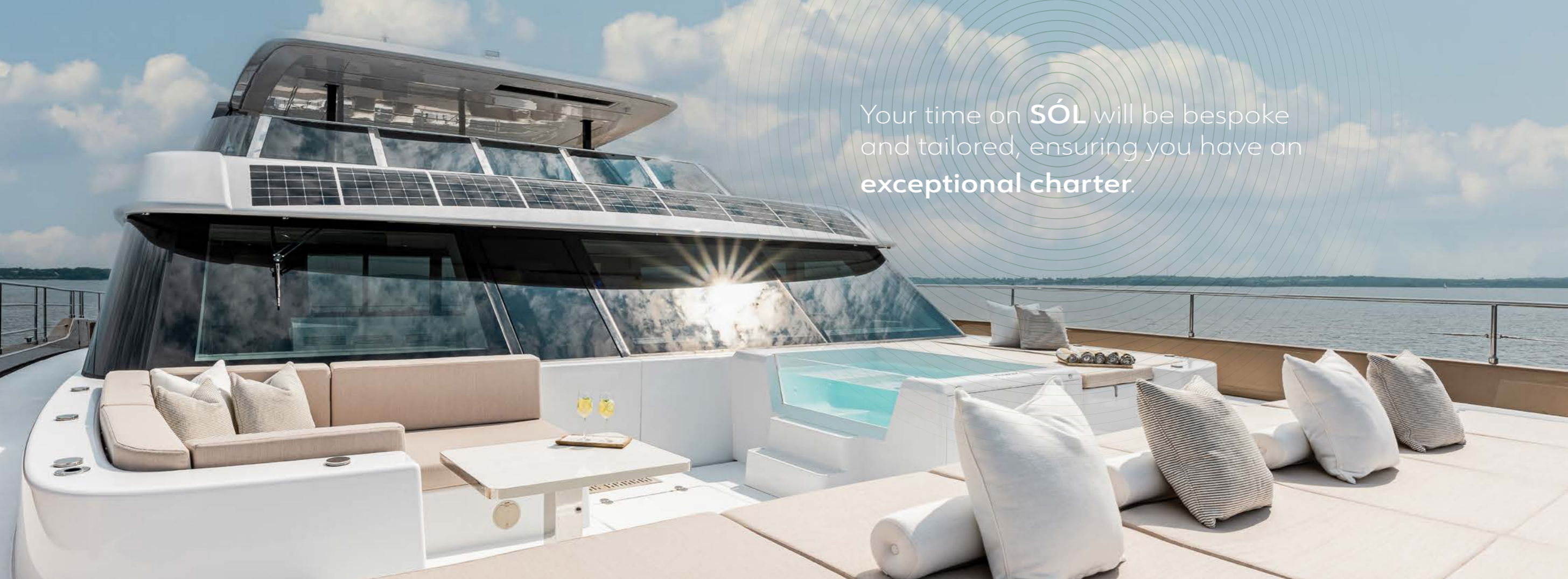
calm
clear waters



day seven: Return to Nassau

Depending on your departure schedule, you can continue to **island hop** through these incredible cays or **catch the final few rays of the sun** and **splash in the ocean** before returning to Nassau.

You will leave SÓL and the Exumas planning to return! For another week of fun in The Bahamas, **book your itinerary** for next year well in advance.



Your time on **SÓL** will be bespoke and tailored, ensuring you have an **exceptional charter.**

other destinations:



St. Barth's

St. Barth's is an excellent yacht charter destination for many reasons, particularly during the glittering New Year's Eve celebrations or the prestigious annual sailing yacht race, the St. Barth's Bucket.



Grenadines

These unique islands embody the charm of the true Caribbean. Enjoy the abundance of wildlife and activities, from the white sandy beaches of Mustique to the amazing coral reefs in the Tobago Cays Marine Park.



St. Maarten

St. Maarten, half Dutch and half-French, blends European cultures with Caribbean hospitality. This popular yachting hotspot offers pristine beaches, hiking and nature trails, and great diving and kite surfing.

SÓL



For further information, contact your favorite charter broker